



Part of Bupa



The peace of mind that comes with
knowing you're being looked after
by the best

SANITAS CUSTOMISED HEALTHCARE PLAN
INSTITUTO DE EMPRESA

 [Read more](#)



With you whenever you need us

The services and cover included in your policy



Medical chart



Manage your health



Sanitas customised healthcare Plan
INSTITUTO DE EMPRESA



Build your policy

Additional services



Sanitas Dental



Sanitas Mayores

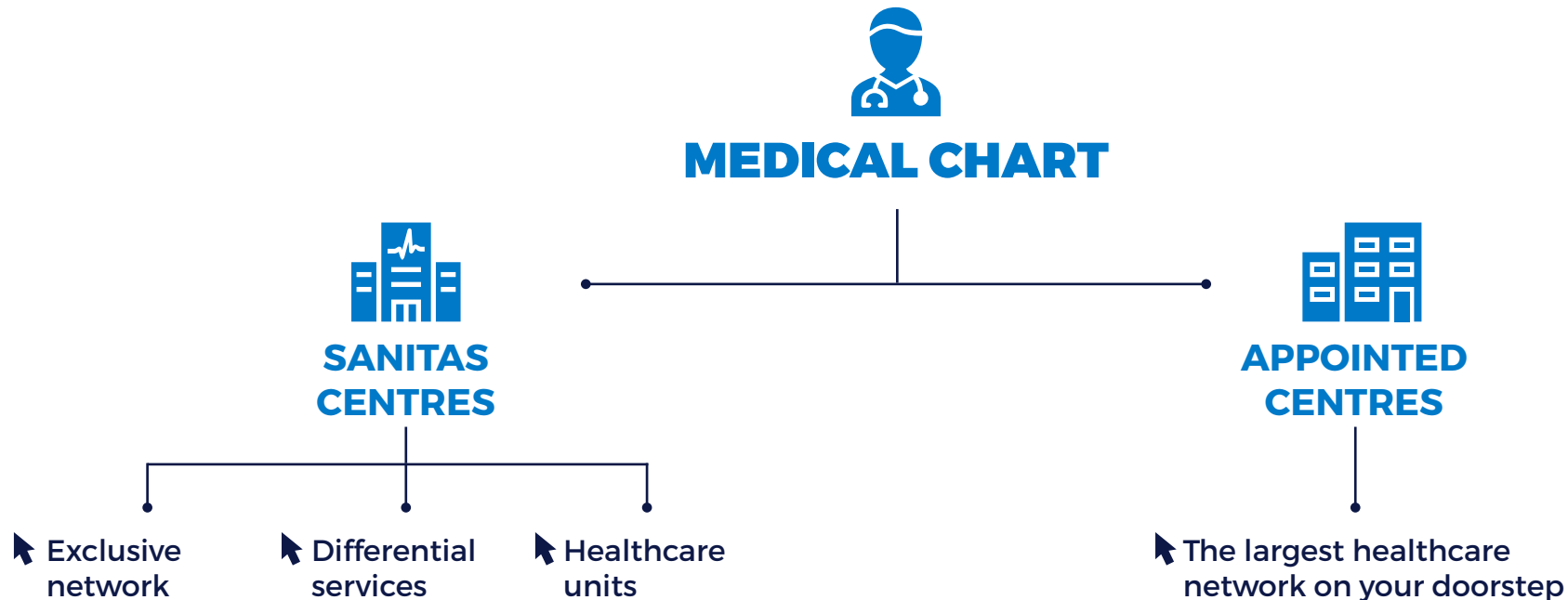


More solutions to take care of you



The most comprehensive medical chart and the leading benchmark health centres in Spain

Being a Sanitas customer means benefiting from the highest quality, professional excellence and widest experience in all our services, with significant benefits and an extensive Sanitas and appointed healthcare network designed and organised to be close to you whenever you need it.



- **4 Sanitas hospitals**
- **25 Milenium multi-speciality centres**

- **More than 57,000 professionals**
- **More than 4,500 appointed centres**





Sanitas centres: the best medical care right on your doorstep

There are:

- 4 Sanitas hospitals
- and 25 Sanitas healthcare centres

Our customers can enjoy exclusive benefits and innovative care units to meet all of their healthcare needs.

HOSPITALS

Sanitas provides its customers with a network of hospitals equipped with cutting-edge medical technology and staffed by the best healthcare specialists.

MULTI-SPECIALITY CENTRES

Our Milenium Medical Centres bring together the principal medical specialties under one roof so that our customers can attend appointments and diagnostic tests more conveniently and quickly, thereby saving time and without needing to travel.

BASQUE COUNTRY

- Milenium Centro Médico Artaza

GALICIA

- Milenium Centro Médico A Coruña

MADRID

- Hospital Sanitas La Moraleja
- Hospital Sanitas La Zarzuela
- Hospital Virgen del Mar
- Milenium Centro Médico Alcorcón
- Milenium Centro Médico Conde Duque
- Milenium Centro Médico Costa Rica
- Milenium Centro Médico Nicasio Gallego
- Milenium Centro Médico Núñez de Balboa
- Milenium Centro Médico Reina Victoria
- Milenium Centro Médico Las Rozas
- Milenium Centro Médico Alcobendas

ANDALUSIA

- Milenium Centro Médico Córdoba
- Milenium Centro Médico La Buhaira

ARAGON

- Milenium Centro Médico Zaragoza

CATALONIA

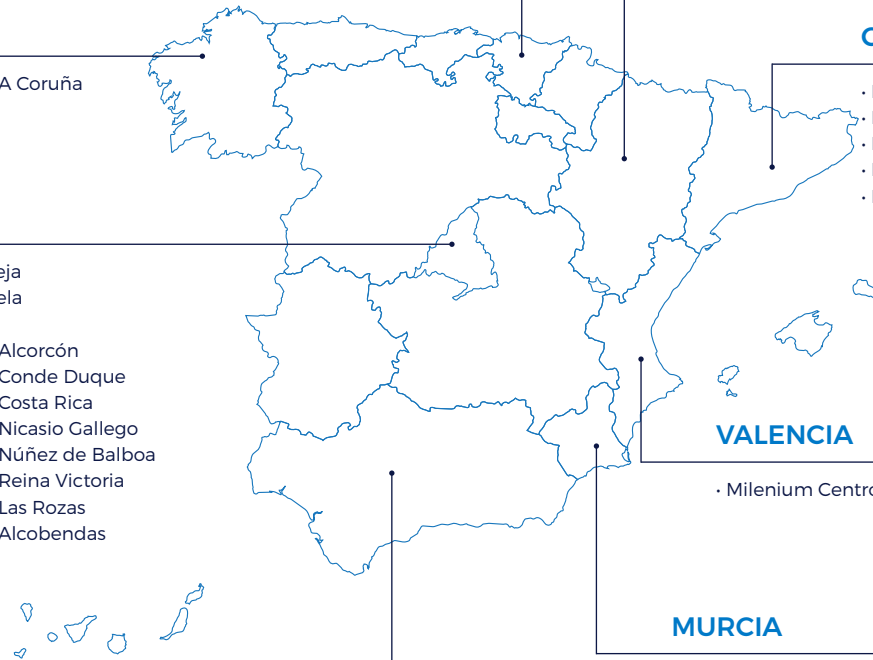
- Hospital Sanitas CIMA
- Milenium Centre Mèdic Balmes
- Milenium Centre Mèdic Robresa
- Milenium Centre Mèdic Iradier
- Milenium Centre Mèdic Tarragona

VALENCIA

- Milenium Centro Médico Valencia

MURCIA

- Milenium Centro Médico Murcia



Sanitas centres: a benchmark of quality healthcare



Sanitas Hospitals, quality reference:

- **Joint Comission Excellence** for the hospitals La Moraleja, La Zarzuela and CIMA.
- **9 “Best in Class” awards** for global hospital management.
- **ISO 9001, EFQM European 500+ Seal of Excellence.**

CENTRES PROVIDING WALK-IN HEALTHCARE FOR HIGH-FREQUENCY SERVICES

- **Milenium Centro Médico Costa Rica:** Paediatrics (including Saturday mornings).
- **Milenium Centro Médico Las Rozas:** General practice, nursing and paediatrics.
- **Milenium Centro Médico Alcorcón:** General practice and paediatrics.
- **Milenium Centro Médico Alcobendas:** General practice, paediatrics and assisted reproduction.
- **Milenium Centro Médico Iradier:** General practice, paediatrics and nursing.
- **Milenium Centro Médico Valencia:** General practice and paediatrics.
- **Milenium Centro Médico Córdoba:** General practice.
- **Milenium Centro Médico A Coruña:** General practice.
- **Milenium Centro Médico Zaragoza:** General practice.
- **Milenium Centro Médico Murcia:** General practice, day hospital, physiotherapy and nursing.

THE BENEFITS PROVIDED BY THE SANITAS CENTRES

- **Continuous care with or without an appointment.**
- **Emergency Waiting Times:** Sanitas customers can consult the waiting times for emergency services at La Moraleja and La Zarzuela Hospitals in Madrid, and at the Sanitas CIMA Hospital in Barcelona online and in real time.



- **Radiological Database:** This enables any of our radiologists to analyse and issue reports on the radiological images stored in one place.
- **Electronic Health Record:** The medical information is processed via computer in an online environment to make it accessible to all our doctors and has proved extremely useful for: speeding up requests, tests, appointments and results, sharing opinions and generating instant reports.
- **2nd Online Appointment:** Gynaecology and Obstetrics, Oncology and Paediatrics at La Zarzuela Hospital.
- **Advanced Equipment:** Neonatal ICU equipped to care for babies younger than 30 weeks.



Sanitas centres: An effective response for every patient



HEALTHCARE UNITS

We have been specifically developing our healthcare units to improve prevention, diagnosis and treatment of specific illnesses:

ADVANCED GENETIC DIAGNOSIS UNIT

Diagnoses the illness before any symptoms appear and ascertains the individual risk in certain illnesses.

SPORTS MEDICINE UNIT

Designed to help people who, on suffering a sports-related injury, are looking for an effective and satisfactory solution.

NEUROSCIENCES UNIT

Studies increasingly common illnesses, most notably cerebrovascular diseases and dementia.

CONGENITAL HEART DISEASE UNIT

Its function is to detect and treat, as soon as possible, the congenital heart defects that began during the gestation of the child.

LOCOMOTOR SYSTEM REHABILITATION UNIT

Treatment of musculoskeletal conditions that diagnoses and assesses the needs of the patient. It enables the patient to resume a normal life within a shorter timeframe and with results that are generally extremely satisfactory.

STROKE PROTOCOL

A rapid and protocolled response to a stroke or brain haemorrhage thanks to our ambulance, home emergency and specialised healthcare services.

GERIATRIC CARE PROGRAMME

Scheduled and exhaustive geriatric care and assessment with the collaboration of the best professionals and the principal healthcare areas.





The largest appointed medical chart with the leading benchmark centres

BENCHMARK MEDICAL CENTRES IN SPAIN

Sanitas has the most complete medical chart and the most innovative resources for preventing, diagnosing and treating illnesses..

With over **57,000 healthcare professionals** and **4,500 medical centres** nationwide, you will always find a **Sanitas professional on your doorstep.**

Check the complete medical chart at [sanitas.es](https://www.sanitas.es)

NORTH

- Hospital Quirón (Vizcaya)
- Clínica IMQ Zorrotzaurre (Vizcaya)
- Hospital Quirón Vitoria (Álava)
- Hospital Quirón Donostia (Guipúzcoa)
- Policlínica Gipuzkoa (Guipúzcoa)

ARAGON

- Clínica Montecanal (Zaragoza)
- Clínica Quirón (Zaragoza)
- Clínica Quirón Floresta (Zaragoza)
- Clínica Médico Quirúrgica
- Montpellier (Zaragoza)

GALICIA

- Hospital Quirón A Coruña (A Coruña)
- Hospital Modelo/Belén (A Coruña)
- Hospital La Esperanza (A Coruña)
- Hospital Povisa (Pontevedra)

CATALONIA

- Centro Médico Teknon (Barcelona)
- Hospital Universitari Quirón Dexeus (Barcelona)
- Hospital Quirón Barcelona (Barcelona)
- Hospital General de Catalunya (Barcelona)
- Clínica Sagrada Familia (Barcelona)
- Hospital Montserrat (Lleida)

CASTILE AND LEON

- Grupo Recoletas Castilla y León
- Hospital Sagrado Corazón (Valladolid)
- Hospital Santísima Trinidad (Salamanca)
- Clínica San Francisco (León)
- Obra Hosp. Ntra. Sra. de Regla (León)

CENTRAL

- H.M. Montepríncipe (Madrid)
- Hospital Quirón Madrid (Madrid)
- Hospital Ntra. Sra. de América (Madrid)
- Hospital San Rafael (Madrid)
- H.M. Puerta del Sur (Madrid)
- Hospital Tres Culturas IDC Salud (Toledo)
- Clínica Marazuela (Talavera de la Reina)
- IDC Salud Hospital (Ciudad Real y Albacete)
- Clínica La Antigua (Guadalajara)
- Hospital Recoletas (Cuenca)

BALEARIC ISLANDS

- Hospital Quirón Palmaplanas (Mallorca)
- Clínica Rotger (Mallorca)
- Policlínica Miramar (Mallorca)
- Clínica Juaneda (Mallorca)
- Clínica Salus Menorca (Menorca)

VALENCIA AND MURCIA

- Hospital 9 de Octubre (Valencia)
- Hospital Casa Salud (Valencia)
- Hospital Aguas Vivas (Valencia)
- Hospital Quirón (Valencia)
- Centro Médico Gandía (Valencia)

CANARY ISLANDS

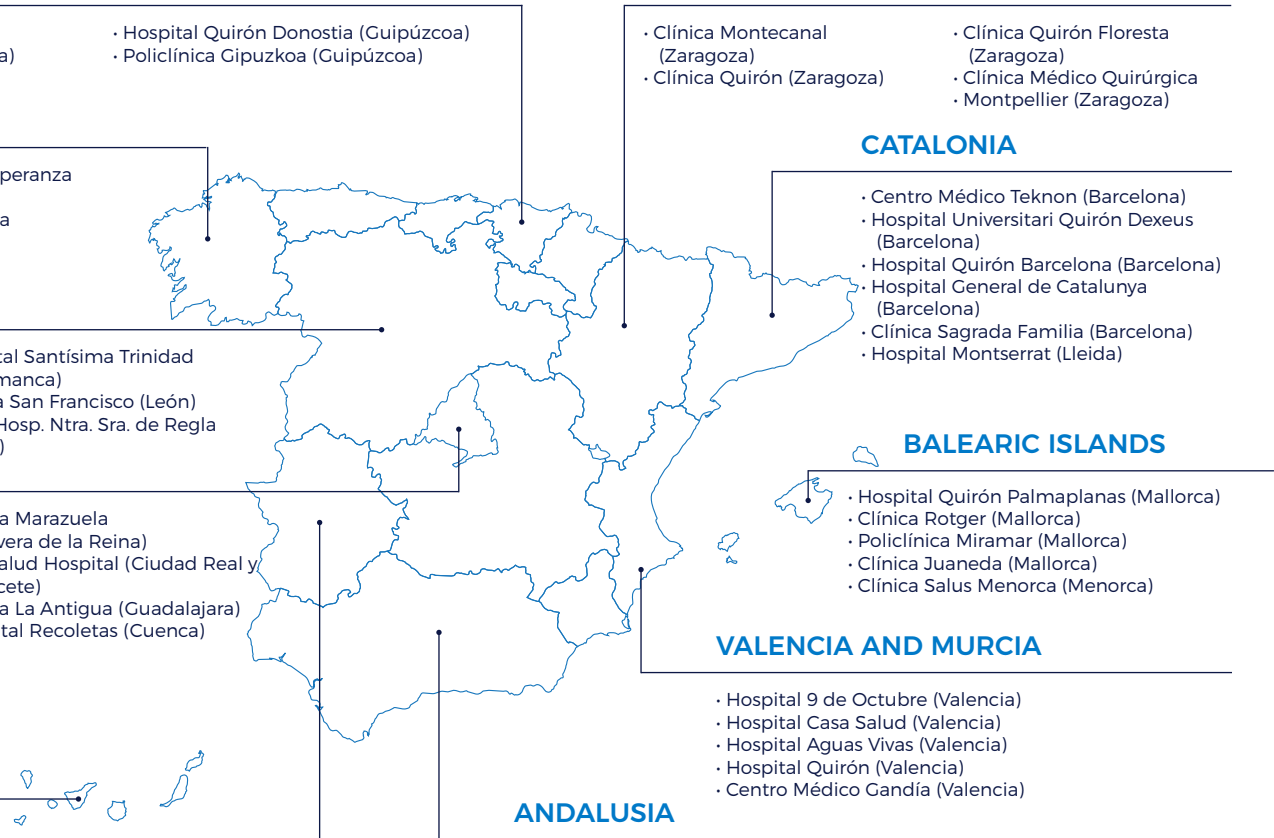
- Clínica San Roque (Gran Canaria)
- Hospitén Lanzarote (Lanzarote)
- Hospital Clínica Roca (Gran Canaria)
- Hospital Quirón Costa Adeje (Tenerife)

EXTREMADURA

- Clínica Quirúrgica Cacerena (Cáceres)
- San Francisco (Cáceres)
- Capio Clideba (Badajoz)

ANDALUSIA

- Hospital San Juan de Dios (Córdoba)
- Hospital Quirón Sagrado Corazón (Sevilla)
- Hospital Infanta Luisa (Sevilla)
- Hospital Quirón Málaga (Málaga)
- Hospital Quirón Marbella (Málaga)
- Hospital Nuestra Señora de la Salud (Granada)
- Hospital Costa de la Luz (Huelva)





Everything you need to take care of your health anytime, anywhere

Sanitas provides complete and high quality healthcare designed to cover all your needs: primary medicine and specialities, diagnostic tests, therapeutic methods, hospitalisation, etc. You can also customise your insurance policy using a wide range of optional cover.

In order to offer you customised treatment and the best healthcare options, Sanitas is constantly striving to be at the forefront in technological development and to incorporate new and innovative cover in its products.



- Manage everything online
- App for tablets and smartphones
- Sanitas 24 hours
- Home healthcare services
- 150 Branches at your disposal
- Medical advice



In the most convenient way: the peace of mind that comes with knowing that we provide full support



Sanitas has its **own call centre** staffed by qualified professionals who are dedicated to delivering customer support 24 hours a day.

**24-hour
helpline**



Every customer receives a welcome message on registering with Sanitas with their card no., **thereby providing access to our services from day one.**

**Text
message**



Sanitas has 150 branches open to the public in every Spanish province to attend to our customers' needs in person.

Branches



Make appointments, digital card, authorisations, etc., manage your policy online from the **Mi Sanitas** personal area.

Mi Sanitas



App available for iPhone and Android that will enable you to find your nearest doctor, make appointments and manage of your policy. All in the palm of your hand.

**Mobile
app**



Anytime: by your side whenever you need us

BY PHONE

24-hour medical care

The 24-hour Service is your telephone medical care service provided by a team of agents, nurses and doctors who are at your disposal to deal with any medical query you might have or incident you might experience.

Medical advice

With just one call we can provide you with the guidelines and tools to answer any questions or queries regarding your illness. We shall also help you to find the specialist best suited to treat your illness.

AT OUR CENTRES

24-hour centres and specialists

Sanitas has many centres to attend to your medical needs 24 hours a day. For more detailed information please visit our Medical Guide.

Emergency service

By sending doctors to your home, mobilising ambulances/mobile ICU or by sending you to the centre best suited to provide you with the best medical service.

Nationwide transfer management

AT YOUR HOME

Home medical care

We provide a home medical care service and we also offer you the chance to address any medical queries you might have and interpret your test results.

Home hospitalisation (consult availability in your area)

You can also enjoy the same level of medical care you would receive in a hospital in your own home.

Our Adapted Care Plan enables us to establish a periodic follow-up schedule for assessing the progress of your health.

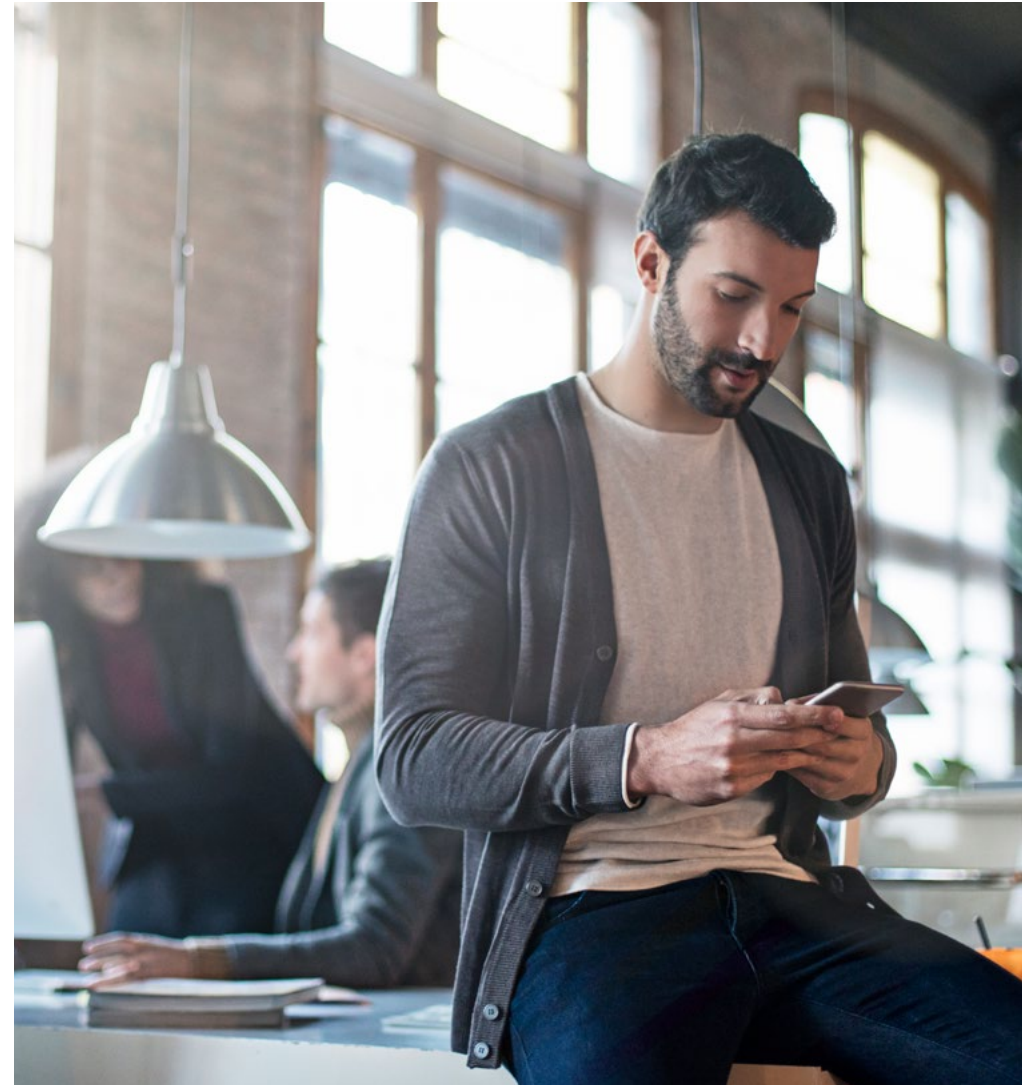


Anywhere: technology helps you manage your health

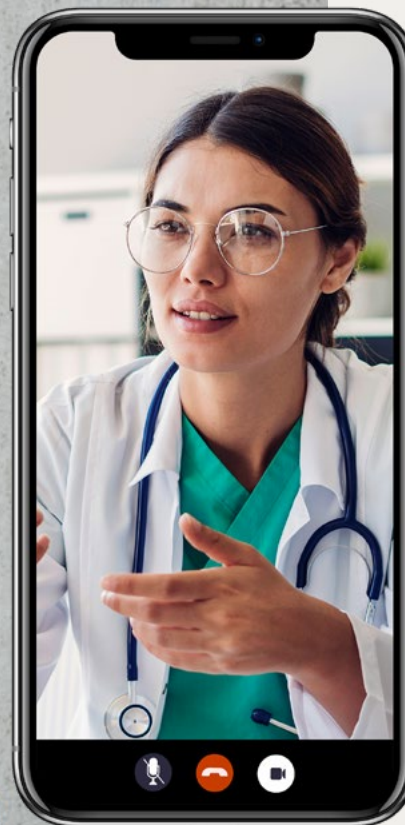
Mi Sanitas: all the details of your policy at a click

Sanitas customers can enjoy a world of benefits via **MI SANITAS**.

- **Make appointments quickly and simply.** Without waiting or travelling.
- **Digital card:** your usual card always available, without needing to carry the physical card.
- **Consult health-related information.** Access the results of your clinical tests and manage the medical documentation you need.
- **Ask the doctor.** You can send confidential queries to a Sanitas doctor who will respond in less than 72 hours.
- **Resolve your paediatric concerns.** Your questions about paediatrics in general and breastfeeding.
- **Request authorisation of medical services.**
- **Manage the details of your policy.** Check invoices, request reimbursements, include new insured parties, modify your contact details.
- **Save your favourite doctors.**



Sanitas is digital on your mobile, wherever you want, whenever you want




Make an appointment



Video consultation with your doctor



Ask the doctor




Referral slip authorisations




My health reports



Reimbursement management



Digital card



Receipts and co-payments



Prescriptions

Video consultations

Video consultation with specialists

- All **specialities**.
- **More than 3,100 digital doctors**, you can also attend in-person.

Emergency video consultation / Healthcare Plans

- **24-hour emergencies**: general and paediatric care.
- **Personalised healthcare plans**, both digital and via video consultation.

More digital benefits available

- **Prescriptions** and tests during the video consultation.
- **Health folder**, with your results and doctor's reports.



HPS Health Promotion Service

We accompany our customers in every stage of their lives to work on prevention and address their health issues.

Via video consultation or phone



Personal Trainer

Get fit or boost your level of fitness with the best specialists in physiotherapy and training.



Nutrition

Advice on how to follow a correct and healthy diet.



Psychology

Our psychologist will help you to boost your wellbeing and will support you in everything related to mental health.



Child Health Programme

A midwife will accompany you throughout your pregnancy and post-partum to help you and your baby.



Healthy Child Programme

Our team of paediatric nurses will answer all of your questions about the health of your children up to 4 years old.



Pelvic Floor Rehabilitation

Our physiotherapists will help you to take care of your pelvic floor with tips and exercises to do at home.



Medical Advice

A doctor will always be on hand to answer any question related to your health.



WATCH PRODUCT VIDEO





Sanitas customised healthcare plan INSTITUTO DE EMPRESA

Sanitas has designed an offer for **INSTITUTO DE EMPRESA** employees and their families at an extremely competitive price and with special terms and conditions. **This makes it the best comprehensive healthcare option for you and your loved ones.**

Additional benefits NOT included in conventional health insurance but that ARE if you are an employee:

NO WAITING PERIODS¹:

You can benefit from the cover provided by your policy from day one.

PHARMACY ADD-ON INCLUDED

CHECK HERE THE NEW COVER AVAILABLE TO YOU FOR BEING A MEMBER OF SANITAS

FOR MORE INFORMATION AND TO PURCHASE:

SANITAS MULTI 100.000

Premium² per person and month:

WITHOUT CO-PAYMENT

€59.53

Policy number: 81025438 Dept. 14

1. For all new members added during the validity period of these premiums the waiting periods set out in the policy will not be applied. 2. Premiums valid during the first year of the contract for policies with an effective date between 01/01/2025 and 01/12/2025, provided the policyholder and payer are a company and it has not previously been the policyholder of another Sanitas policy, to which the surcharge of the Insurance Compensation Consortium, 0.15% of the net premium, will be applied. In order to take out this product, at least one hundred new insureds must be added to the policy. Maximum age for taking out the policy 75 years and without any guaranteed insurability age limit.





From the Mi Sanitas app you will be able to access all of the most innovative digital services¹ to take care of your health

BLUA, SANITAS' DIGITAL HEALTH



Check your health

- You can have a general check-up to find out your current overall state of health just with your mobile or tablet.
- In just a few minutes, you will get information about your hearing, skin lesions, heart health, diabetes and blood pressure and find out what your emotional state is.
- Through its built-in Artificial Intelligence you will get reliable results, you can detect health problems and make a doctor's appointment, if necessary.
- You can get answers to your questions or review the results by making an appointment with the specialist you need, either via video consultation or in person.



Digital physio

- To prevent future injuries and treat symptoms on the main parts of the body.



Take care of your mind

- To help you to take care of your mental health and emotional wellbeing and prevent issues.



Video consultation

- In all specialties and with your usual doctors².
- Use of Artificial Intelligence in the dermatology video consultations.
- 24-hour general and paediatric emergencies.
- Digital consultation today: connect with doctors from 10 specialties on the same day.



Digital health programmes

- Child health, nutrition, pregnancy, personal trainer, etc.



Health prevention service

- Quit smoking, emotional wellness, pelvic floor, etc.

1. These services do not comprise a medical diagnosis from a medical professional. Their purpose is to improve knowledge of overall wellbeing. They do not diagnose, treat, mitigate or prevent any disease, symptom, disorder or abnormal physical condition. Patients must consult a medical professional or emergency service if they believe they have a medical problem. 2. Includes all specialties that can be treated in a digital consultation.





Optional add-ons

Choose the add-on that best suits your daily life

REIMBURSEMENT OF GYNAECOLOGY AND PAEDIATRIC CONSULTATIONS

Choose the paediatrician or gynaecologist you want.



STUDENTS

For young people aged 10 to 35 who are going to study outside Spain.



SANITAS RENTA

Compensation from €60 a day in the event of hospitalisation.



REIMBURSEMENT ADD-ON

Choose the specialist you want, even if they are not on our chart.



TRAFFIC AND WORK ACCIDENTS

Healthcare and home help in the event of an accident.



ACCIDENTS

Compensation from €30,000 in the event of death or permanent disability.



ASISTENCIA FAMILIAR

Qualified help at home for your family in unforeseen situations.



COVER IN USA

Mount Sinai, MD Anderson. Cancer Center accessible to you, as well as others



OPTICIAN'S ADD-ON

Your glasses and contact lenses will now cost you half.



TOTAL PROTECTION Exclusively for the self-employed

Your daily needs covered in the event of temporary disability or hospitalisation.



BLUAU DIGITAL PLATINO ADD-ON

Make your policy more digital.



Additional services for tailored protection



Sanitas Dental
The best oral care
with the sanitas
guarantee



Sanitas Mayores
Our senior citizens
deserve the best care



**More solutions to
take care of you**
Effective solutions
adapted to you





The best oral care with the Sanitas guarantee

Sanitas knows that taking care of your oral health is an essential part of our overall health and vital for enjoying a healthy smile.

Benefits of our dental policies:

- Prevention for you and your loved ones **from day one**. No waiting periods or pre-existing conditions.
- Dental insurance that helps to **prevent** future **more expensive, invasive and painful treatments**.
- **Includes all the services necessary to take care of your oral health**, such as annual check-ups, polish and scale, x-rays and diagnostic tests, such as dental CT scan and all types of extractions and better prices than you would pay without insurance on other treatments.
- **Unlimited visits** at our clinics
- Covers every **stage of your life**.
- **No age limit**, our policies are for all ages.
- **Children under 6 do not pay the premium**, provided that one of their parents is included on the policy.
- The best prices with the **Family Pack option (flat rate for 3 to 6 insureds)**.
- We back innovation, including a comprehensive range of treatments to adapt to the needs of every customer and continue being the benchmark in our industry.



We back innovation and digitalisation in our clinics

- **Augmented reality** to provide visual explanations of the treatments.
- **Wi-Fi** in the dental clinics and payment via Near-field Communication (NFC).
- **Dental CT scan and intraoral scanner** in the clinic.
- What's more, you can always manage your oral health wherever you are at **www.sanitas.es/misanitasdental**
- **Digital document management**.



The best oral care with the Sanitas guarantee

For this reason, we offer the most comprehensive dental insurance to both **CUSTOMERS AND NON-CUSTOMERS** with 4 modalities, so that you can choose the one that best suits your needs:

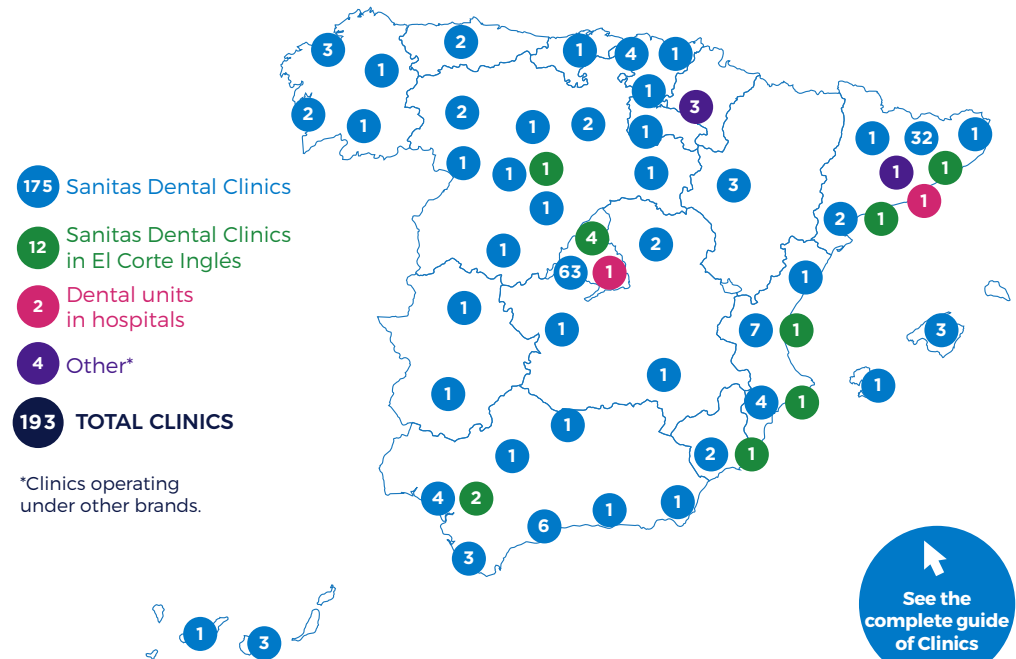
Dental insurance modality (optional)	What does it include?
SANITAS DENTAL PREMIUM Check prices and excesses	<ul style="list-style-type: none"> • More than 58 services included. • The most comprehensive insurance. • Includes 2 fillings or reconstructions per year, and if you don't use them, they will be accumulated up to a maximum of 8 for the duration of the policy. • Discounts of up to 40% off other treatments.
SANITAS DENTAL Check prices and excesses	<ul style="list-style-type: none"> • More than 50 services. • Discounts of up to 40% off other treatments.
SANITAS DENTAL MILENIUM Check prices and excesses	<ul style="list-style-type: none"> • More than 40 services. • Discounts of up to 40% off other treatments. • Exclusive to the network of Milenium Dental Clinics.
SANITAS DENTAL 21 Check prices and excesses	<ul style="list-style-type: none"> • More than 30 services. • Discounts of up to 21% off other treatments.

All modalities WITH NO WAITING PERIODS OR PRE-EXISTING CONDITIONS, so that you can enjoy all the benefits from day one

MILENIUM DENTAL CLINICS, Sanitas' vast experience to take care of our customers' oral health in **more than 190 Sanitas dental clinics nationwide.**

At Sanitas Dental Clinics you can benefit from:

- Care from professionals with proven experience.
- All dental services and the latest technology.
- Consultations and diagnostic tests in the same clinic.
- Treatments and professionals for every age.
- Maximum quality standards in dental materials.





We take care of what you most care about. Sanitas Mayores. Where are our centres?

Sanitas Mayores has **47 care homes** and **23 day centres** and we hire the best professionals who strive every day to discover the needs of each resident, providing high quality care and making them feel at home.

CANTABRIA

- Centro Residencial Santander

BASQUE COUNTRY

- Centro Residencial Barakaldo
- Centro Residencial Loramendi
- Centro Residencial Miramón
- Centro Residencial Txindoki
- Centro Residencial San Martín

GALICIA

- Centro Residencial A Coruña
- Centro Residencial Vigo

NAVARRRE

- Centro Residencial Luz de Estella
- Centro Residencial El Mirador

CASTILE AND LEON

- Centro Residencial Mevefares
- Centro Residencial Valladolid

ARAGON

- Centro Residencial Zaragoza

MADRID

- Centro Residencial Alameda
- Centro Residencial Alcorcón
- Centro Residencial Almenara
- Centro Residencial Arturo Soria
- Centro Residencial Carabanchel
- Centro Residencial Colmenar Viejo
- Centro Residencial El Escorial
- Centro Residencial El Viso
- Centro Residencial Ferraz
- Centro Residencial Getafe
- Centro Residencial Guadarrama
- Centro Residencial Henares
- Centro Residencial Jardines de Sabatini
- Centro Residencial La Florida
- Centro Residencial La Moraleja
- Centro Residencial Las Rozas
- Centro Residencial Mirasierra
- Centro Residencial Puerta de Hierro
- Centro Residencial Torrelodones
- Centro de día Ilustración
- Centro de día Clara del Rey

CATALONIA

- Centro Residencial Altanova
- Centro Residencial Bonaire
- Centro Residencial Consell de Cent
- Centro Residencial Cornellá
- Centro Residencial Gerunda
- Centro Residencial Ilerda
- Centro Residencial Iradier
- Centro Residencial Les Corts
- Centro Residencial Provenza
- Centro Residencial Sagrada Familia
- Centro Residencial Tarragona
- Centro de Día Sarrià
- Centro de Día Enric Granados
- Centro de Día Gerunda

CANARY ISLANDS

- Centro Residencial El Palmeral
- Centro de día El Palmeral

ANDALUSIA

- Centro Residencial Linares

VALENCIA

- Centro Residencial Mas Camarena
- Centro Residencial La Seu

 Residences with internal day center service

 En casa contigo



We take care of what you most care about. Sanitas Mayores. What are our centres like?

You are unique for us

Modern



Quiet



Inspiring



Homely



Unique



Spacious



Social

We take care of what you most care about. What does Sanitas Mayores offer?

Where the person comes first

Preferential offer for users and relatives of **INSTITUTO DE EMPRESA**

Valid until 31/12/2025, cannot be used in conjunction with other discounts, not applicable to current residents

Sanitas Mayores helps users and relatives of **INSTITUTO DE EMPRESA** (up to 2nd level of lineal consanguinity) who might find themselves in a situation of being dependent or requiring one-time care during temporary stays and who enjoy special offers and a telephone service exclusively for them. Sanitas Mayores also offers a consultancy service specialising in the Spanish Law on dependency, dementia, day centres, etc.



Sanitas Mayores

offers you all of our experience and that of our professionals to guarantee that your relative ages actively and happily and gives you the peace of mind that comes with knowing that they are in the best hands. Services:

- **Indefinite residence.**
- **Temporary residence.** For:
 - Rehabilitation
 - Post-operation
 - Carer's break
- **Day centres.**

Our commitment:

- We help you to choose the best care.
- This is your home.
- You are unique for us.
- We give you our best.
- We are experts in dementia and we take care of you without restraints.

Everything you need on hand:

- Experts in Alzheimer's and dementia.
- Physical and cognitive rehabilitation.
- Palliative care.
- 24-hour medical care.
- Workshops on dementia, Parkinson's, stroke, etc.
- Nutrition and medication control.
- Free geriatric assessment.
- New app for relatives: medication, reports, menus, messaging, activities, etc.

En Casa Contigo:

Services for the elderly person and the family in which, after a **Full Assessment of the needs** of the elderly person, a **personalised Care Plan** in the home is drawn up.

A **Care Coordinator** and specialised multi-disciplinary team offer expert advice.

€ **100** /month

Discount in Care Homes

For stays shorter than one month, the discount will be applied in proportion to the number of days.

€ **50** /month

En Casa Contigo Discount

Equivalent off the the full day rate.

For more information: **900 818 682**

ventasresidencial@sanitas.es



Effective solutions adapted to you

We offer special terms and conditions if you wish to access a selection of complementary services, separately from your insurance policy, provided by a medical chart chosen by Sanitas for its quality and experience.*

EYESIGHT

- Eye surgery
- Smile laser
- Presbyopia
- Cataracts
- Genetic tests



NUTRITION

- Intolerance test
- Customised diets
- Gastric balloon
- Bariatric surgery
- POSE method



MATERNITY

- Assisted reproduction
- Sanitas umbilical cord
- Non-invasive prenatal genetic test
- Foetal sexing
- Paternity test



MEN'S HEALTH

- Prostatic laser
- Erectile dysfunction
- Cosmetic medicine
- Premature ejaculation
- Genetic prostate cancer test



COSMETIC

- Cosmetic surgery and medicine
- Laser hair removal
- Hair solutions
- Microfoam



REHABILITATION

- Cardiological
- Neurological
- Quit smoking programme
- Psychology
- Sports medicine



PREVENTION

- Genetic testing
- Medical examinations



The peace of mind of being treated by specialist cosmetic and wellbeing healthcare professionals at all times

Wellness Centres: looking after your wellbeing is also looking after your health

The purpose of our centres is to suggest how to maintain or improve your physical health, to get fit via our complete and customised healthcare programme and to make you feel good.

 [Read about the services and treatment offered by our centres](#)



*Services offered by Sanitas S.L. de Diversificación, a Sanitas Group company. These services are not generally covered by any of our insurance products, except for policies where their inclusion in the insured cover has been expressly agreed. Sanitas S.A. de Seguros customers can access these services under special terms and conditions, check the prices.

Check availability of the services in each region, prices and finance terms and conditions subject to approval by the financial entity.